









Discover & Encourage your Child's Multiple Intelligences

CATEGORIES	DESCRIPTION	ACTIVITIES FOR ENHANCEMENT	PROFESSIONS
 LINGUISTIC INTELLIGENCE	This intelligence is directly related to the ability to communicate efficiently and effectively verbally and otherwise. People in this category tend to be good at explaining, debating, teaching and speaking. They also make good story tellers.	This particular intelligence may be enhanced through reading books, playing scrabble or word games, listening to stories, using related computer software, and actively participating in conversations and discussions.	Writers, poets, debaters, teachers, actors, marketing & communication professionals etc.
 SPATIAL INTELLIGENCE	This intelligence deals with the individual's ability to envision the world in our minds. It directly aids our visualizing, drawing, observing, and artistic skills. People with a strong spatial intelligence have an easier time imagining and being able to perceive objects in a fairly accurate manner.	It may be developed through experiences in the graphic and plastic arts, sharpening observation skills, solving mazes and other spatial tasks, and exercises in imagery and active imagination.	This category includes professionals such as artisans, painters, sculptors and illustrators. It also includes photographers and cinematographers.
 LOGICAL – MATHEMATICAL INTELLIGENCE	This category specializes in people who are good with abstract patterns, numbers, deductive and inductive learning. Such people tend to find it easier to be able to recognize complex logical details and patterns in mathematical and computer based soft wares.	It may be enhanced through classifying and sequencing activities, playing number and logic games, and solving various kinds of puzzles.	Scientists, logical thinkers make up a great chunk of this category. They also make good mathematicians and software programmers.
 BODILY KINESTHETIC INTELLIGENCE	This category has to do with people who tend to be more bodily inclined and use their body effectively to complete various tasks. They use their body with such grace and poise that some people have also titled it, 'wisdom of the body'.	This intelligence may be enhanced by playing with blocks and other construction materials, dancing, playing various active sports and games, participating in plays or make-believe, and using various kinds of manipulatives to solve problems or to learn.	Acting, dancing or physical training. They can also aspire to become athletes or performing artists.
 MUSICAL INTELLIGENCE	People with a strong musical intelligence are able to relate and understand patterns and sounds of music. They are also good at playing different instruments and are able to recognize the structure of the music – hence, being able to create musical structures and rhythms themselves.	It may be enhanced by listening to various songs and different musical compositions, engaging in rhythmic games and activities, and singing, dancing, and playing various instruments.	Singers, musicians and musical directors or even teachers of music. This category includes the world's greatest composers, the likes of Mozart and Beethoven.
 INTER-PERSONAL INTELLIGENCE	People with good interpersonal skills find it easier to understand others. They are socially conscious and can help solve another individual's problems. They are also good at group activities and are the life of any party with the ability to communicate effectively both verbally and otherwise.	It may be enhanced through cooperative games, team sports, group projects and discussions, researching on various cultures and social behaviour through books and other literature, and dramatic activities or role-playing.	Teaching is always a good option. They can also become public speakers, politicians or even salespersons.
 INTRA-PERSONAL INTELLIGENCE	This intelligence focuses on a person's understanding of her/himself. In this category people are aware of their personal goals, where they want to go in life and what they want to achieve. Such people tend to be independent thinkers and draw people towards them because they are emotionally more stable and can think clearly in times of stress.	It may be enhanced through participating in independent projects, reading illuminating books, especially those with powerfully described characters journal-writing, imaginative activities and games, and finding quiet places for reflection.	Professions such as consultants, counselors and advisors are recommended as these people are clear thinkers and tend to evaluate situations for many perspectives.
 NATURALISTIC INTELLIGENCE	These people are very aware of the world of nature around them. They are more sensitive towards its ever evolutionary patterns and are friends to humans, plants and animals alike. They can recognize many scientific patterns that deal with nature and also have artistic tendencies with the same regard.	It may be enhanced by observing and exploring nature, making collections of plants, insects and animals, grouping them and studying their behavioral patterns etc.	Professions related to botany, astronomy and cooking make good options. They also make good zookeepers and social workers for the causes of animal rights and environmental benefits.

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